

Care and Community Conference Zine

Plain Text Version

Introduction

First of all, thank you so much to everyone who came to our conference this year, either online or in person, and made it such a special and welcoming event.

Organising a conference can be a somewhat daunting task, as you're spinning so many plates and trying to find a way to make sure there's plenty of interesting talks, workshops, and panels going on to suit a range of people with a variety of interests and needs.

However stressful this may be in the days and week leading up to the event, it's always 100% worth it to get to see rooms full of trans people and our allies enjoying and expressing themselves, learning and sharing, and making new friends and reconnecting with old ones.

That's partially why we chose the theme of "Care & Community" this year. It would be easy to spend the whole day and all of the sessions reflecting on everything that feels wrong right now, but we wanted to instead focus on how we can look after ourselves and each other while we try and make the world a better place.

For this reason, we also wanted to make sure there were a range of different voices that could be heard at our conference, and we're so incredibly grateful to everyone who facilitated or supported a session as it really wouldn't be possible to run these events without you.

We'd also like to thank the wonderful staff at the DCA who hosted us, and were so accommodating and supportive in helping us run this event while also being open to the public at the same time.

It was also great to be able to have a focus on local issues this year, and directly connect trans people with supportive members of their local authorities, and we hope to be able to enable those connections again next year.

While it's always the least exciting part of each event, thank you to everyone who gave us their feedback (both positive and negative!) as it really helps us make sure the conference as inclusive and accessible as possible, and is incredibly important for ensuring we can keep delivering the conference free of charge.

For those who attended online, we've heard your comments about how the hybrid aspects of the conference were not always ideal, and we will do our best next year to improve the integration and environment for digital attendees.

We hope this zine, collated by the wonderful Coin-Operated Press, serves a reminder of this year's conference, and gives a little insight into any of the sessions you didn't manage to make it to.

See you all next year!

The Scottish Trans team

[Image Description: A drawing tongue sticking out, on top of with purple plus symbols. The doctor's head mirror and is cu flag colours that reads 'TRAN

Experiences of Healthcare Panel

A panel event hosted by Esraa Husain with three other trans and nonbinary people based in Scotland, who will share their challenges and experiences when accessing healthcare, including mental health care and wellbeing services including community support groups. The panel includes BPOC and disabled speakers.

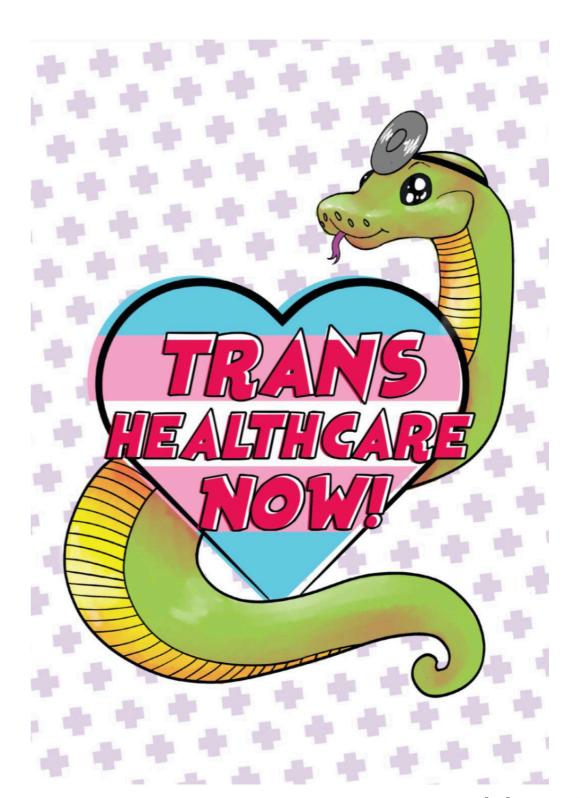
"The community session I hosted was designed with the themes of care and community in mind. It was in a form of a panel discussion that allowed trans and non-binary speakers to share their experiences with the healthcare system and with community groups in Scotland.

All of the speakers had agency over what they wanted to discuss. Some mentioned the challenges they experience when accessing support, and the importance of community engagement and peersupport.

This space was curated for the marginalized identities in our community to highlight their lived experience which is as valid as sharing research and other forms of data.

It gives me extra motivation to facilitate conversations like this in conferences because I see them as a decolonial approach to learning and to social spaces."

- Esraa Husain



Artwork by andi



Artwork by Nat

[Image Description: A drawing of five figures holding hands and dancing in a circle. The three figures at the bottom of the page are drawn in pencil. One of the figures at the top of the page is made out of a collaged trans flag, the other figure is made out of a collaged non binary flag.]

Trans Women in Sports Workshop

A chance to discuss the current climate for trans women and transfeminine people in sport, which sports are more accepting, and what can be done to improve trans inclusion in sport. Hosted by LEAP Sports Trans Women Steering Group

"The conference this year allowed us space to discuss the issues faced by trans women in sport.

We talked through the distractions, the hypocrisy of "fairness" against the backdrop of centuries of misogyny. We also talked about the many positive and safe ways that trans women can still participate in sport."

- LEAP Sports



Artwork by Stella

[Image Description: A collage on cream paper. The words 'community', 'unity' and 'care' are written multiple times across the page. The words are surrounded by cut out pictures of flowers and trees, musical notes, hearts and ribbon bows.]

What matters to you about healthcare in Dundee?

This drop-in session is only open to those living in the Dundee City Council area. Join Siobhan Tolland, Councillor for Lochee Ward at Dundee City Council and member of the Dundee Health and Social Care Partnership, and Joyce Barclay, Senior Officer at Dundee Health and Social Care Partnership, to start a conversation about access to local local community health and social care services, and how things can get better. They want to hear from you about what works, what doesn't, and how you can work together to improve things going forward.

"Approximately 16 attended including Maggie Chapman MSP. Most folk were currently living in Dundee, some in other parts of Tayside and Fife, and this group were so enthusiastic that they conquered the complicated route to get to the workshop room!

People welcomed a chance to share views and info. It was a busy meeting. (We tried not to be distracted by the assistance dog but they were very tempting!)"

Some common issues of concern are:

- The Tayside Pathway to Gender Identity Clinics, and risks when pathway doesn't provide adequate support.
- Remoteness of service and patchy local responses when local action might be possible.
- Would like clear NHS Tayside info about Trans and non-binary
 a website could be helpful.
- Mental Health service provision and responses.
- Need for General Health and Social Care
- Partnership awareness.
- Lack of specific support for trans and non-binary people locally.
- Name changing can be a difficult experience.
- · Housing and homelessness is a worrying area.

"Seven participants from Dundee would like to meet again in July 2023 to discuss how to take things forward. This will be arranged."



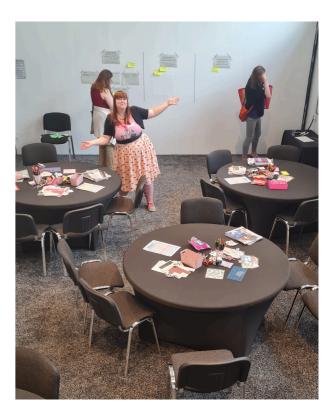
Artwork by Louise

[Image Description: A collage on pink paper. The phrase 'love is love' is written in the bottom left corner next to a unicorn sticker. Above the writing is a cut-out silver glitter heart. The top of the page is decorated with strips of rainbow, pink and blue ribbons. The right side and bottom of the paper are decorated with heart shaped stickers.]

Coin-Operated Press presents this zine-making workshop in collaboration with Scottish Trans. In this workshop you will be using collage techniques to create pages to go into our zine about LGBTQ+ rights, trans issues, activism and the trans conference theme for 2023: Care & Community. All ages and experience levels are welcome and all materials will be provided by Coin-Operated Press.



[Image Description: A smiling person with short blonde hair standing next to a Scottish Trans banner. The banner says 'Scottish Trans' 'creating change together - trans equality in Scotland'.]



[Image Description: A smiling person with long ginger hair standing with their arms out. They are surrounded by round black tables which have colourful paper and other crafting materials on top of them.]



[Image Description: A close up picture of the different crafting materials on the table. There is decorative paper, tape, pens, glue, stickers and rhinestones.]



Artwork by Joyce

[Image Description: A collage on yellow paper. The page is divided in half by a thin blue ribbon. On the left side of the page there are stickers of the sun, nature and unicorns and the words 'care', 'happy' and 'wow'. On the right side of the page there are stickers of upside down animals and explosions and the words 'darkside', 'snap', 'bang', 'boom', 'careless' and 'cloud clears cloudy conversion practices'.]



Artwork by Linda

[Image Description: A collage on pale blue paper. In the middle of the page is a heart cut out of a picture of the sea. Across the page are various stickers and pictures including small pink hearts, sea creatures, butterflies and leaves. There are multiple cut out words across the page, from the top it reads: 'Stormy', 'starry', 'crafty fire artists!', 'made by fantasy', 'art of stories &', 'for small wakes', 'land support seas', 'ice words', 'mauve monolith'.]

Zinemaking Participants

- **Jamei-Jade** she/her **bsky.app/profile/jamei-jade.bsky.social** Tired Trans Woman that enjoys drawing and art!
- Joyce
- Linda Haggerstone she/her violetaravenmoon@gmail.com I'm a queer teacher, poet, and interfaith activist, with an intergenerational focus, striving to be a Trans ally every day.
- Louise Giblin she/her Twitter: @kappacat I am the Equality & Human Rights Lead for Scottish Environment Protection Agency (SEPA).
- Nat
- Stella Hervey Birrell she/her Parent, Ally, Poet.

Coin-Operated Press Co-Director & Zine-Designer:

• Chloe Henderson - she/her - @SeaSlugChloe Often colours in. Sometimes gets it inside the lines.

Coin-Operated Press Co-Director:

• Katie McCann - she/her/they/them - Instagram & Twitter: @TheKatieMcCann



Artwork by Jamei-Jade

[Image Description: A collage on pink paper. In the middle of the page is a drawing of two people holding hands. In their other hands they are holding trans flags. Above the drawing is the word 'happiness' and stickers of a map and some hearts. Below the drawing is the word 'support' and stickers of a shooting star and a butterfly.]

Scottish Trans



Scottish Trans is Scotland's national project working to improve gender identity and gender reassignment equality and human rights. We are part of the Equality Network.

Our work all aims to make Scotland a better place for trans people. We strive for a world in which a person's gender identity, gender expression or trans status or history doesn't cause them to face discrimination or injustice.

We need your support to continue our work for trans equality in Scotland. Your donations are vitally important and ensure we can continue to help make Scotland a place in which everyone can live free from prejudice and discrimination.

You can donate to us here: https://www.justgiving.com/equality-network

Address: 30 Bernard Street, Edinburgh, EH6 6PR Telephone: +44 (0) 131 467 6039 Website: www.scottishtrans.org Email: info@scottishtrans.org

Scottish Trans is part of the Equality Network.



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